



K. S. "Bud" Adams, Jr.  
*Founder, Owner and  
Chairman of the Board*

Steve Zabel  
Competitive Action Sports, Inc.  
6000 Oak Tree Rd.  
Edmond, OK 73003

Dear Steve,

Thank-you for the opportunity to use the TUG! You have developed a unique tool that incorporates several components of training: strength, muscle endurance, and balance. But what is really unique about the 'TUG' is that it allows you to gage an athlete's 'will' to succeed.

We used the device several times in the off-season and then allowed Coach John Sisk of Vanderbilt University to use the 'TUG' and we both concurred; the "TUG" is a great device to help bring out the competitive edge in your players.

Professionally yours,

Steve Watterson  
Strength and Rehabilitation Coordinator